





DATE : 19.11.2021

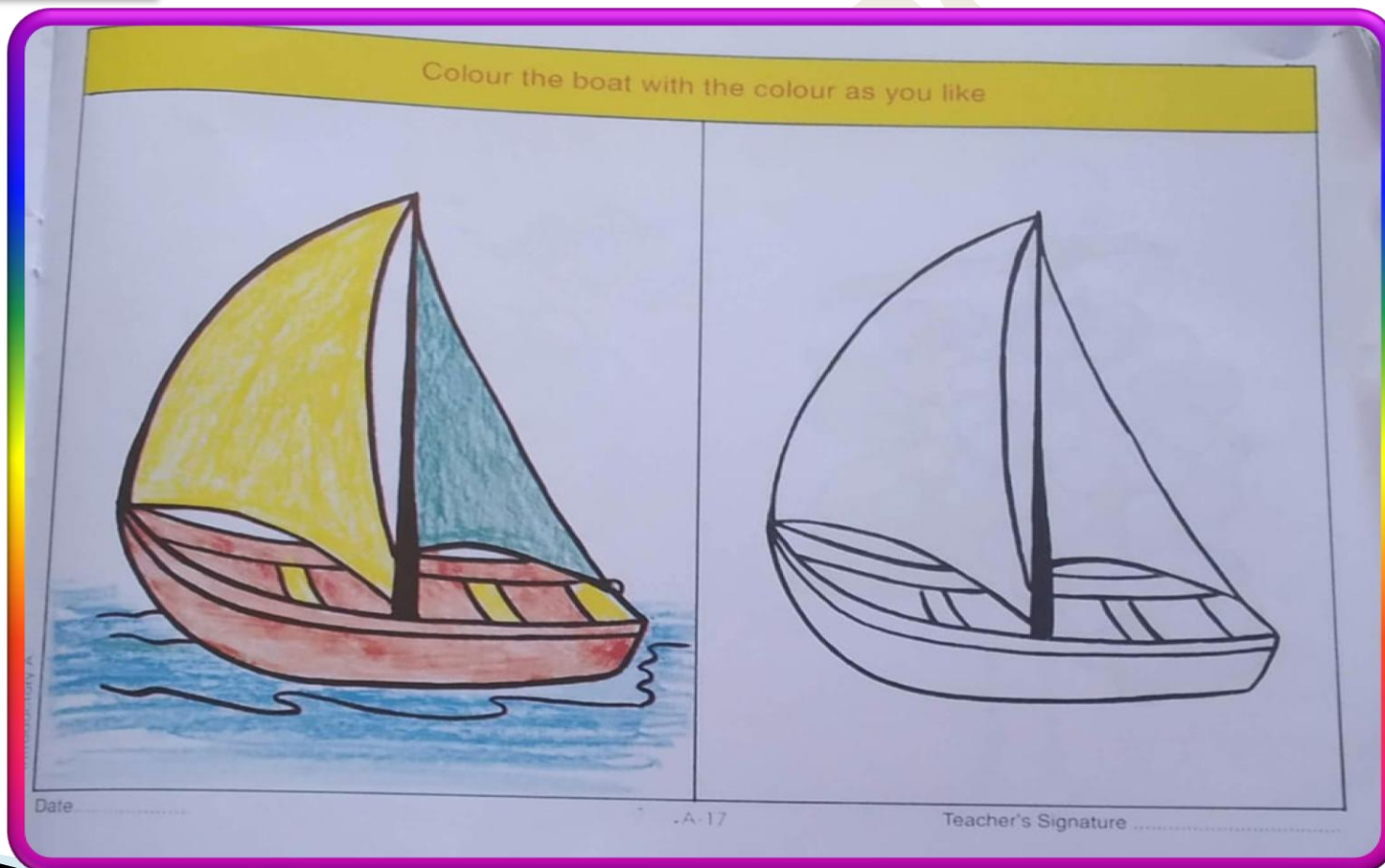
DAY : FRIDAY

PRE KG - ACTIVITY

WS NOTES -ACT 18-5 pages



Colouring:





Story time:



Eat Colors of the Rainbow

Eat healthy
Be healthy



Eat healthy , Be healthy

(English Story)

<https://youtu.be/QIMEGPlaaUU>



Health tips:



Health benefits of Coconut milk for babies

www.parentinghealthybabies.com

Good source of fats

Eliminates nutritional deficiency

Good source of essential vitamins and minerals

Antimicrobial properties

Kills intestinal worms

Remedy for cholera





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THANK YOU

