





Recall time:

Count and say 1 to 4

1
One



2
Two



3
Three



4
Four





Today's topic:

Count and say number 5



<https://youtu.be/ea5-SIe5l7M>



DATE : 29.01.2022

DAY : SATURDAY

PREKG - MATHS

WS NOTES-M22-7 pages



<https://youtu.be/YNtKpwE1Pv4>



Activity time :

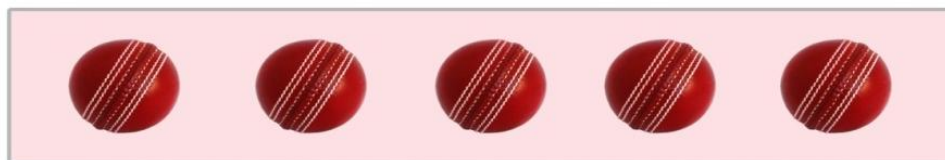
Count and circle the correct numeral



1 3 6 9 8



2 5 3 4 1



5 4 3 7 9



Health tips:

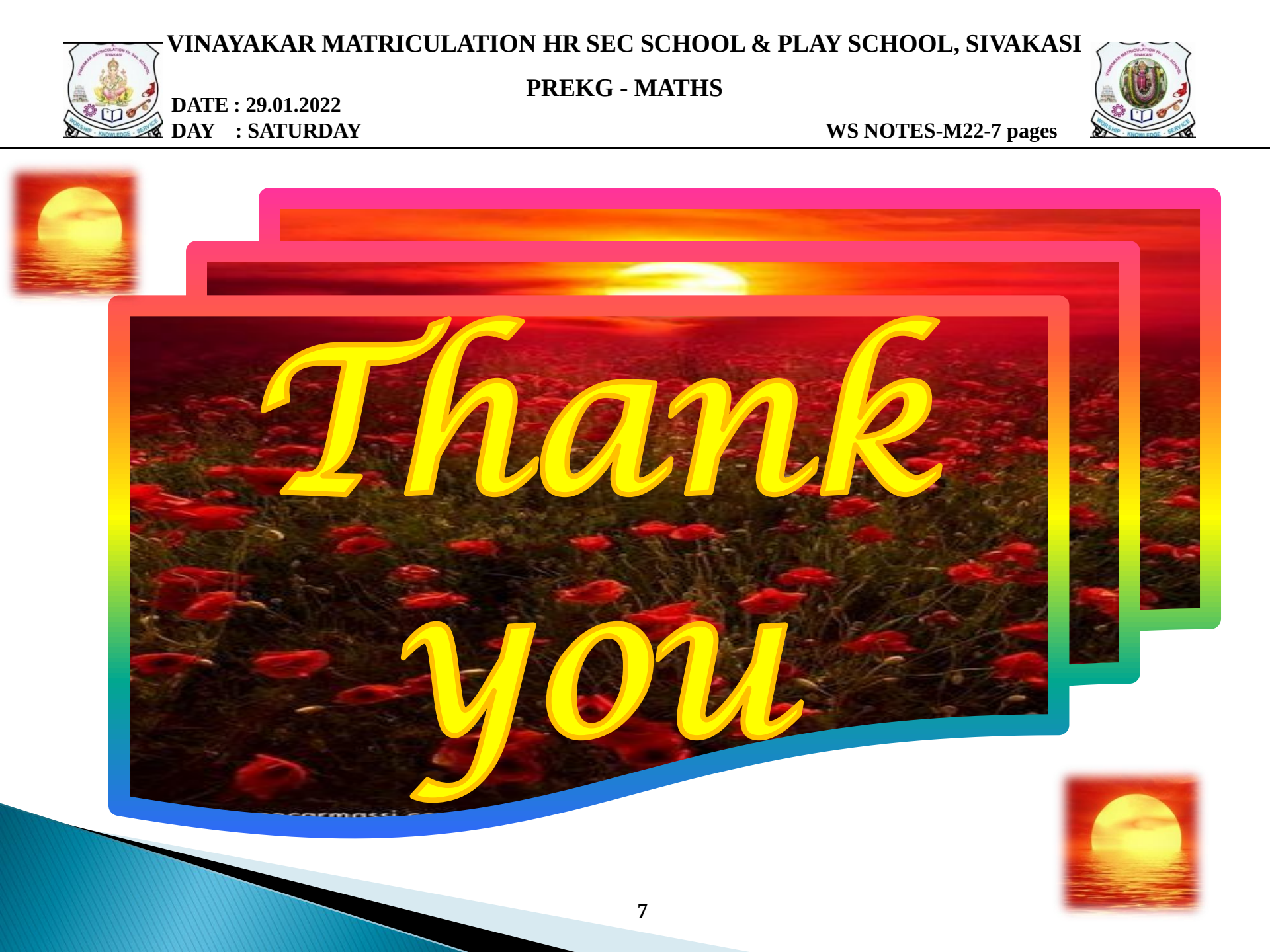


Kids Yoga!



Benefits of Yoga for Kids

- Strength, flexibility and balance
- Concentration, focus and attention
- Inner strength and body awareness
- Confidence and self-esteem
- Creativity and imagination
- Awareness of breath
- Relaxation and self-control
- Feeling of well-being and respect for others



*Thank
you*